# THE EXPRESS



### Dear Terminal Park Families:

The start of a new school year is exciting as students meet teachers, make friends, and enjoy new learning opportunities. We strive to become familiar with each student and provide the best possible education for all. We appreciate those who came to our open house and invite your continued involvement in our school. We look forward to a wonderful school year.

### Tiger Expectations

If you haven't already heard about our Tiger Expectations, please ask your child about them: Be Safe, Be Respectful, Be Responsible, Give Your Best Learning Effort. There are many rules at school, and we try to attach all of them to these overarching expectations. We hope that promoting these positive behaviors will help us continue to improve our school and guide students to build habits for a successful life.

### Student Safety

The safety of each student at Terminal Park is our top priority. We pride ourselves in helping every student have a positive learning experience, and we understand that the well-being of each child comes first. Positive behavior curriculum is taught to all students, emergency procedures are practiced regularly, and students are supervised carefully, among other practices, to create a safe environment. Unfortunately, sometimes mistakes are made and accidents happen. We welcome your feedback and collaboration to help us improve, so please don't hesitate to communicate with us. Your response to the request to not drive through our bus zone demonstrates that we have a community that is willing to listen and work with us to improve.

### Student Arrival

We strive to maximize learning time by having a smooth start every morning, which starts with your effort to have your children to school on time. We want all parents and guardians to feel welcome in our school, and we encourage you to be here and be involved; however, due to the crowding in our hallways, especially near the breakfast line, we prefer that parents drop their children off

at the exterior doors and not go with them to the breakfast line. If you need to see the kitchen manager, we ask that you wait until after breakfast has been served. Any visitors remaining in the building after dropping off students should sign in at the office and wear a visitor's badge.

### PTA Membership and Fundraiser

The PTA is an important part of success at our school as they provide volunteer and financial support that improves our school environment and helps students learn. Please consider joining PTA, even if you don't feel you have much time to volunteer right now. Also, please do your best to participate in the fundraising efforts. Everyone doing a little bit adds up to a lot of support for our students. Thank you.

### Terminal Park is on Facebook

We are now on Facebook, so please search "Terminal Park Elementary School" and like us so you can use our Facebook page to help you keep updated on what's happening at our school.

### PLC Late Start Mondays

Auburn School District has scheduled Professional Learning Community (PLC) Late Start Mondays on the following dates:

October 6, 13, 20, 27 February 2, 9, 23

November 3, 10, 17 March 2, 16, 23, 30

December 1, 8, 15 April 13, 20, 27

January 5, 12, 26 May 4, 18

School will start and buses will run one hour late on these Mondays. For information about PLCs, please see the PLC Home Page of our district website at:

www.auburn.wednet.edu/plc.

Here's to an excellent 2014-2015 school year! I look forward to working with you.

Sincerely, Tom Dudley, Principal

# Counselor Corner ~ Heidi Erdmann & Julie Gragg

Welcome to another school year! Each year we work hard to create a safe and nurturing learning environment for your child. As part of our effort, we will be teaching all students how to deal with conflicts in ways that do not cause physical or emotional harm. Fighting is not an acceptable way to deal with being picked on or being pushed, even if someone else starts it first. Teasing others in a way that makes someone feel bad is also against school rules.

Students will learn tools to deal with conflicts that do not need adult involvement. At Terminal Park, all students will learn how to use the "Peace Rose". Peace Roses are available in the classroom and at recess. Students learn to follow these simple steps when using the Peace Rose:

One person takes the Peace Rose and asks the other person:

### "Will you talk to me?"

They proceed if the other person agrees, but if the other person does not agree, they say:

"I will ask you again tomorrow, but if you still don't want to work out this problem, I will ask an adult for help."

Each person holds the Rose and says:

| Ή | feel |  | when | you |  |
|---|------|--|------|-----|--|
|---|------|--|------|-----|--|

Each person says what they think will solve the problem until they reach agreement.

### "Why don't we\_\_\_\_\_

When they reach agreement, both hold the Peace Rose together and say:

### "We declare peace!"

Please consider using the Peace Rose process at home to solve problems peacefully. It seems to work especially well between siblings who both attend Terminal Park. You can purchase a plastic rose at craft stores for \$1.00 or make your own. Do not hesitate to call us if you have any questions about the Peace Rose program.

The Peace Rose is a process students can use to deal with low level conflicts before it becomes a bigger problem. As always, please teach your child to report all bullying concerns to an adult at school as soon as possible. Our school defines bullying as follows:

"Bullying among children is aggressive behavior that is intentional and involves an imbalance of power or strength and is often repeated over time. It can take the form of physical bullying, verbal bullying, cyber bullying, or nonverbal bullying such as intimidation through gestures or social exclusion."

Staff at Terminal Park take those concerns very seriously and will investigate all bullying reports to ensure that your child feels safe at school.

IF YOU ARE RECEIVING THIS NEWSLETTER IN PAPER FORM INSTEAD OF EMAIL, PLEASE ADD YOUR EMAIL ADDRESS TO YOUR CHILD'S PROFILE OR GIVE IT TO YOUR CHILD'S TEACHER OR SCHOOL OFFICE. HELP KEEP PAPER COSTS DOWN! THANK YOU.

## Health Room ~ Carrie Sasser, Nurse and Lisa Cullum, Health Tech

### TIME FOR FLU SHOT

CDC, Doctors and nurses recommend that people get vaccinated against the flu soon after vaccine becomes available, preferably by October so as not to miss out on opportunities to receive the vaccine.

It takes about two weeks after vaccination for antibodies to develop in the body and provide protection against the flu.

Those children 6 months through 8 years of age who need two doses of vaccine should receive the first dose as soon as possible to allow time to get the second dose before the start of flu season. The two doses should be given at least 4 weeks apart.

Even if you don't have a regular doctor or nurse, you can get a flu vaccine somewhere else, like a health department, pharmacy, urgent care clinic, and often your school, college health center, or work.

Good health manners (washing, covering coughs and sneezes) are helpful but the number one flu prevention method is the flu shot.

- Cough, cannot stop keep at home
- Fever free for 24 hours without medication
- Upset stomach, give a little to eat and see how they are
- Non-vomiting for 24 hours
- If diarrhea keep home

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### **ELL ~ MRS BULSON**

Calling all 4th and 5th Graders for Safety Patrol!

We will be recruiting and training responsible 4<sup>th</sup> and 5<sup>th</sup> graders for safety patrol at the beginning of October. They will be assigned to help the students cross the street safely at two locations and will work in pairs with an adult supervising them. This is an opportunity for these students to learn to give service as well as to learn responsibility. If you are the parent of one of these children, you have the opportunity to help them learn to be responsible by encouraging them to be on time, dress warmly when it gets cold, and stick with it the entire year. There are fun things that go along with this such as a party at the end of the year, discounted tickets for the Safety Patrol night with the mariners in the spring, and a field trip to the bus barn in December for a little party hosted by the department of transportation. We hope to see your student sign up. Thank you for your support!

Llamando a todos los Motoniveladoras 4 ° 5 ° de la Patrulla de Seguridad!

Estaremos reclutando y entrenando responsables 4 ° y 5 ° grado de la patrulla de seguridad a principios de octubre. Serán asignados para ayudar a los estudiantes a cruzar la calle con seguridad en dos lugares y trabajarán en parejas con un adulto supervisión. Esta es una oportunidad para que estos estudiantes aprendan a dar servicio, así como a aprender a ser responsables. Si usted es el padre de uno de estos niños, usted tiene la oportunidad de ayudarles a aprender a ser responsables, alentándolos a llegar a tiempo, ropa de abrigo cuando hace frío, y aferrarse a él todo el año. Hay cosas divertidas que van junto con este como una fiesta al final del año, entradas con descuento para la noche Patrulla de Seguridad con los marineros en el muelle, y una excursión a la granja de autobús en diciembre para una pequeña fiesta organizada por el departamento de transporte. Esperamos ver a su hijo inscribirse. Gracias por su apoyo!

Вызов всех  $^{4-\omega}$  и  $^{5-\omega}$  грейдеров безопасности Patrol!

Мы будем набирают и готовят ответственные  $^{4-й}$  и  $^{5-й}$  грейдеры для безопасности патруль в начале октября. Они будут назначены, чтобы помочь студентам перейти улицу безопасно в двух местах и будут работать в парах с взрослым контролирует их. Это возможность для этих студентов, чтобы научиться отдавать обслуживание, а также узнать ответственность. Если вы являетесь родителем одного из этих детей, у вас есть возможность помочь им научиться быть ответственным, поощряя их быть на время, тепло одеваться, когда становится холодно, и придерживайтесь его в течение всего года. Есть интересные вещи, которые идут вместе с этим, такие как партии в конце года, скидкой билеты на ночь безопасности Patrol с моряками весной, и экскурсия к автобусной сарай в декабре на маленькой вечеринке, организованной Департамент транспорта. Мы надеемся увидеть ваш студент зарегистрироваться. Спасибо за вашу поддержку!

### NEW KITCHEN CHARGING POLICY

To help assure that they eat, students may be allowed to charge **one** meal. (*The parent/guardian is responsible to pay for any meals served to their student.*) A courtesy (emergency) lunch of a sandwich, milk and fruit is available to students who do not have money in their lunch account.

Please call the school office if your student is absent or going to be absent: 253 931 4978

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| Sum | Mon                             | _   | Tue | Wed                          | Thu   | Ą   | Sat   |
|-----|---------------------------------|-----|-----|------------------------------|---|---|---|
|     | X                               |     |     | 1                            | 1ST GR TO MARY OLSON FARM 2ND: WILLIAMS 3RD: BIRK & PARCE | MISSOULA CHILTREN'S THEATER AT ARHS 7:00 PM | MISSOULA CHILTREN'S THEATER AT ARHS 1:00 PM |
| 9   | LATE<br>START<br>BEGINS<br>9:40 | 9   |     | HEARING AND VISION SCREENING | PTA<br>FUNDRAISER<br>ASSEMBLY FOR <b>g</b><br>STUDENTS    | WAIVER<br>DAY<br>NO SCHOOL 10               | 11  |
| 12  | LATE<br>START                   | 13  | 14  |                              | 16  |   | 18  |
| 19  | LATE<br>START (                 | C20 | 21  | 22                           | INDIVIDUAL PICTURE DAY MCTEACHER NIGHT 4:30-7:30          | 54  | 25  |
| 26  | LATE<br>START                   | 27  | 28  | 29                           | 30  | Happy 2 31<br>Halloween                     |   |